WEEK 3

STEP 1 Choose from...	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	**Minced Beef Pasta Bake** to go with Peas	**Chinese Chicken** to go with Broccoli, Noodles	**Toad in the Hole** to go with Mashed Potato, Peas, Sweetcorn, Gravy	**Beef Enchilada** to go with Mixed Rice, Sweetcorn	**Homemade Giant Chicken Nuggets** to go with Baked Beans, Chips, Peas
Vegetarian	**Macaroni Cheese** to go with Green Beans	**Veggie Fried Rice** to go with Broccoli	**Vegetarian Toad in the Hole** to go with Carrots, Red Cabbage, Roast Potatoes	**Mexican Tortilla Layer** to go with Mixed Rice, Sweetcorn	**Vegan Nuggets** to go with Baked Beans, Chips, Peas
Combo	**Jacket Potato** to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	**Jacket Potato** to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	**Jacket Potato** to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	**Jacket Potato** to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	**Jacket Potato** to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
	Wrap to go with Baked Beans, Potato Wedges with choice of fillings Grated Cheese				**Wrap** to go with Baked Beans, Chips with choice of fillings Grated Cheese
Packed lunch	-	Packed Lunch - Box 1 with Cheese and Crackers, Yogurt and Fresh Fruit to go with Cheese Wrap	Packed Lunch - Box 1 with Cheese and Crackers, Yogurt and Fresh Fruit to go with Tuna & Cucumber Wrap	Packed Lunch - Box 1 with Cheese and Crackers, Yogurt and Fresh Fruit to go with Ham Salad Sandwich on White, Cheese Wrap	-
	Syrup Sponge	**Chocolate & Date Slice**	**Toffee Apple Roly Poly**	**Fruit Flapjack**	**Vanilla Ice Cream**
STEP 2 ...and to finish!	**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**	**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**	**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**	**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**	**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**

Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information