










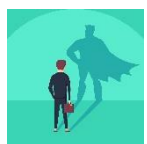
SUPERHEROES

Superheroes are people who help others and quite often save the day! They normally have a special power that helps them to keep other people safe such as invisibility, x-ray vision, super strength, super speed or they can fly! Some superheroes even have a sidekick who helps them when completing their missions. They often have an enemy that they try to defeat and they have to overcome many challenges but the superheroes always meet their objective.

In real life, we can say that firefighters, doctors/nurses and police officers are real life superheroes as they save people every day. They don't have any 'super' powers but they are brave, kind, positive and enjoy helping others. They wear a special uniform but don't hide who they are from others. They have a really important job!



Key Vocabulary

	superhero	A fictional person who has superhuman powers.
	villain	An evil person.
	mask	A cover for the face to be used as a disguise.
	costume	Special clothing to help hide a person's identity.
	disguise	To wear something to hide who you really are.
	enemy	Someone who tries to make their opponent fail.
	transform	To change your appearance quickly.
	superpower	An extraordinary power or ability.



Florence Nightingale

- Florence was a famous nurse who lived from 1820 – 1910.
- She helped soldiers during the Crimean War where she had the nickname: 'The Lady with the Lamp'.
- She helped to make hospitals cleaner and safer and she wrote books about how to be a good nurse.

Mary Seacole

- Mary was a Jamaican healer who lived from 1805 – 1881.
- She set up a British Hotel to provide comfort and supplies to the soldiers fighting in the Crimean War.
- She didn't have a lot of money after the war and many people forgot about the work Mary had done for British soldiers.



Rosa Parks

- Rosa was part of a group who fought for black and white people to be treated the same.
- Black people were treated very badly and Rosa decided to make a stand for what was right.
- On 1st December 1955, Rosa refused to give up her seat on the bus for a white person. Rosa was arrested by the police and fined for her behaviour.



Emily Davison

- Emily was part of a group known as the Suffragettes.
- They worked hard to change laws to allow women to have the same rights as men.
- She often did bad things to try and show people how wrong it was that women were treated unfairly.
- She died after running in front of the King's Horse.

